

2026 WELL ALL WAYS REWARDS PROGRAM

Frequently Asked Questions

The Well ALL Ways Rewards Program is an important part of Marathon's commitment to the health and well-being of our employees and their eligible spouses/domestic partners. The program provides financial rewards for voluntarily completing an annual preventive physical, online well-being assessment and other wellness activities. Eligible employees can earn up to a \$600 payroll stipend and opportunities to be entered into quarterly drawings.

Starting in 2026, the Well ALL Ways Incentive Program will now be called the Well ALL Ways Rewards Program.

ELIGIBILITY

Q: Am I eligible to participate in the Well ALL Ways Rewards Program?

A: All regular full-time and part-time MPC employees are eligible to participate. Contractors, co-ops/interns, and casual employees are excluded from participation in the program.

Q: Can I still participate in the program if I'm not a member of an MPC Health Plan?

A: Yes. All eligible employees may participate and earn rewards regardless of health plan enrollment.

Q: Can family members participate in the program?

A: Spouses and qualified domestic partners enrolled in a 2026 MPC Health Plan are eligible to participate in the program. This includes those spouses/domestic partners enrolled in a Marathon Petroleum Medical Plan, Marathon Petroleum Dental Plan or Marathon Petroleum Vision Plan.

Q: Are retirees eligible for the program?

A: No. Retirees are not eligible for the Well ALL Ways Rewards program.

Q: Are new employees eligible for the rewards program?

A: Regular full-time and part-time employees hired in 2026 are eligible to earn rewards if all requirements are completed between their start date and the December 31, 2026 deadline.

PROGRAM REWARDS

Q: What rewards can I earn for participation?

A: The Well ALL Ways Rewards Program offers the following for completing healthy actions:

- **Payroll Stipend:**
 - **Eligible employees** can earn a \$400 taxable payroll stipend for the completion of an online well-being assessment and an annual preventive physical with their primary care provider in 2026. Submission of a completed 2026 Preventive Physical Form is required. All requirements must be completed no later than Dec. 31, 2026.
 - Employees can earn an additional \$200 taxable payroll stipend if an **eligible spouse/domestic partner** (see above for eligibility details) registers on the wellness portal, has an annual preventive physical, and submits a completed 2026 Preventive Physical Form. Spouses/domestic partners need an active account on the portal, but do not need to complete the online well-being assessment to earn the payroll stipend. All requirements must be completed no later than Dec. 31, 2026.
- **Quarterly Drawings:** Eligible employees and spouses/domestic partners can complete various healthy activities to earn entries into the quarterly drawings. For every completed activity, participants earn one (1) entry into quarterly drawings for Awardco points. Entries will carry over for each quarterly gift card drawing for points earned in previous quarters.

Q: Do I need to complete my online well-being assessment to earn the payroll stipend?

A: Yes. Along with submitting the preventive physical form employees must complete the online well-being assessment to receive the stipend.

Q: If my spouse/domestic partner and I are both MPC employees, can we each earn the \$400 payroll stipend?

A: Yes. Each employee can earn the full amount by each of you completing the employee requirements – an annual preventive physical and online Well-being assessment.

Q: How will my spouse/domestic partner receive their stipend?

A: The payroll stipend for a spouse/qualified domestic partner will be paid out in the employee's paycheck. Spouse/domestic stipend payments are only awarded after the employee has successfully completed their own requirements.

Q: How will I know when I'm being awarded the payroll stipend(s)?

A: You can find the status of your rewards on the homepage of the wellness portal. Log in to your portal account at www.mympcwellallways.com and scroll down to the Well ALL Ways Rewards Program section on the homepage. If the \$400 payroll stipend reward is marked as 100% complete, you should have already received your payroll stipend, or payment will be issued in one to two pay periods. You will also receive an email from WebMD confirming you have earned the stipend once all requirements are met.

Q: How will I receive my points if I win a quarterly drawing?

Points will be awarded to the employee's [Awardco account](#). Awardco is MPC's employee recognition and rewards platform. Points awarded to a spouse/domestic partner will be credited to the employee's Awardco account. Winners will receive an email notifying them of the reward.

GETTING STARTED

Q: What is the Well ALL Ways wellness portal?

A: The wellness portal, managed by our well-being partner, WebMD Health Services, is a digital platform where eligible employees and spouses/domestic partners engage in the wellness program. The portal can be found at www.mympcwellallways.com. Once you register, you will have access to a personalized dashboard where you can:

- Track your rewards progress
- Access a wealth of well-being resources
- Sign up for free health coaching
- And much, much more

Q: Am I required to register on the wellness portal to participate in the program?

A: Yes. Both employees and eligible spouses/domestic partners must register on the portal. Registration allows participants to complete the well-being assessment and/or earn entries toward Well ALL Ways rewards. You must sign up at www.mympcwellallways.com to participate.

Q: I participated in the Well ALL Ways Rewards Program last year. Can I use my same login information for the portal this year?

A: Yes. If you have participated in the program in any year since 2022 and created an account on the portal, you can login with your username and password created during registration. Employees can log in via single sign-on (SSO) if they are on a company managed device (computer, mobile phone, etc.).

Q: How do I register on the wellness portal?

A: Follow these steps to register for a new portal account.

1. Visit www.mympcwellallways.com.

2. Click the button that represents your participant status (either MPC Eligible Employee or Eligible Spouses/Domestic Partners).
3. Click 'Create Account'.
 - a. **Employees:** Enter your employee ID (no leading zeros) in the registration ID field.
 - b. **Spouses/domestic partners:** Enter the employee's ID followed by your own date of birth (mmd) and legal first name with no spaces or special characters (*Example: employee ID – 123456; spouse DOB – 09/27/1970; spouse name – Robert = 1234560927Robert*).
4. Create a username and password.
5. Enter your date of birth (mm/dd/yyyy).
6. Provide your email address.
7. Click to accept the Terms and Conditions and Privacy Policy.
8. Click 'Go'.
9. Answer the introductory questions.
10. Complete the well-being assessment under the 'Recommended for You' section.

Q: Can I register on the portal from my smartphone?

- A:** Yes. You can register using the *Wellness At Your Side* app. To register as a new user on the app:
- Download the *Wellness At Your Side* app from the App Store or Google Play
 - Enter the connection code: **marathon**
 - Click 'Create Account'
 - Follow the instructions on the app to finish your account registration, filling out the remaining account information, name, and password (see above).

ANNUAL PREVENTIVE PHYSICAL

Q: When do I need to complete an annual preventive physical?

- A:** Your annual physical must be completed by your primary care provider any time in 2026 (Jan. 1 to Dec. 31). You will need to submit a completed 2026 Preventive Physical Form by Dec. 31, 2026 to earn the payroll stipend.

Q: Who falls under the definition of a primary care provider?

- A:** A primary care provider is the physician, nurse practitioner or physician's assistant who you and/or your family visit for general medical needs including personal illness, well visits and management of chronic diseases (i.e., diabetes or high cholesterol). This primary care provider is your "family doctor" and may include approved providers such as cardiologists, endocrinologists and OB/GYNs.

Q: Can I complete my annual preventive physical virtually and fulfill the requirement?

- A:** Yes. Your primary care provider may offer telemedicine visits as an option for your annual preventive physical. If you have a physical through a virtual (video) call, a completed 2026 Preventive Physical Form, including the provider's signature and contact information, is still required to earn the payroll stipend.

Q: What if I do not have a primary care provider?

- A:** MPC Health Plan members can visit either the [Anthem](#) or [Kaiser](#) website to locate in-network primary care providers in their area. Non-Health Plan members should contact their own Health Plan Administrator.

Q: I receive a physical each year for my job. Does this count toward the payroll stipend?

- A:** No. Only a preventive physical with your primary care provider meets the requirements to earn the payroll stipend. Work-related physicals do not qualify to earn rewards.

Q: How much does an annual preventive physical cost?

A: An annual preventive physical with an in-network primary care provider should be covered at 100% through Marathon-sponsored health plans.

Q: Will I be eligible to earn rewards if my visit with my primary care provider is considered “diagnostic” and not “preventive”?

A: Yes. You will still be eligible to earn rewards if your primary care provider completes the required sections on the preventive physical form. Preventive physicals can be considered a “diagnostic” visit if the provider determines there is something that needs to be further examined. In some cases, diagnostic visits may not be covered in full, and the participant could be subject to charges associated with the visit.

Q: What should I do if I was charged for my annual preventive physical?

A: Reach out to your physician’s office and ask if your preventive physical was coded correctly. If needed, you can also reach out to your health plan administrator, such as Anthem, to ask if the claim was processed correctly.

Q: Do I have to wait a full year (365 days) to complete my annual preventive physical in 2026?

A: No. If you are enrolled in MPC’s Medical Plan, you are covered for one preventive physical per calendar year (Jan. 1 – Dec. 31). You can schedule your preventive physical earlier in the year than the previous year, although we recommend still trying to spread your visits out as close to one year as possible.

PREVENTIVE PHYSICAL FORM DOCUMENTATION

Q: What documentation is required when submitting for an annual preventive physical?

A: A completed 2026 Preventive Physical Form must be submitted by Dec. 31, 2026. You and your physician must both complete and sign the form for it to be processed successfully.

Q: Where can I find the 2026 Preventive Physical Form?

A: The form is available at www.mympcwellallways.com at the link in step 4. You can also log in to your wellness portal account to download the form from the MPC by clicking the 2026 Preventive Physical Form card. Print and take the form to your preventive physical and have your primary care provider complete and sign.

Q: Does my primary care provider need to complete the form with my biometric values?

A: While your biometric values are not required for your form to be processed, it is recommended that your provider includes them on the form so they can be uploaded to the portal. You will be able to see your vitals year over year and any improvements as you practice healthy habits.

Q: What if I forget to bring the Preventive Physical Form to my appointment?

A: A completed form, including the primary care provider’s signature and contact information, is required to earn the payroll stipend. If you forget your form, revisit your primary care provider to obtain their signature.

Q: How do I submit the required paperwork?

A: You can securely upload (preferred) your 2026 Preventive Physical Form online at www.mympcwellallways.com by clicking the ‘Submit’ link in step 5. You can also log in to your portal account and submit the form. Forms are submitted to WebMD’s partner, Total Wellness, for processing. If you are unable to submit online, you can send a secure fax to 402-939-0858.

Q: What is the deadline to submit the required documentation?

A: The deadline to submit your 2026 Preventive Physical Form to qualify for the 2026 payroll stipend is Dec. 31, 2026. Late submissions will not be accepted.

Q: How do I know if my form was received and processed?

A: You will receive an email at the address provided on your form within two business days of submission. The email will confirm whether it was successfully processed or to notify you of any issues. If you do not receive a confirmation notice within two business days, please submit your form again.

Q: Where can I see that I have earned the credit for submitting my form?

A: Participants who have already submitted their form will see the credit on their portal account. To check completion status, log in to your portal account at www.mympcwellallways.com and scroll down to the Well ALL Ways Rewards Program section to see if your preventive physical is listed as complete by clicking 'continue'. Your credit for submitted forms will be posted within 10 business days of receipt.

Q: What steps can I take to be sure my form is processed?

A: Make sure you have printed clearly and ensure that your form includes signatures from you **and** your primary care provider. Include a valid email address on your form to receive notification confirming whether your form has been successfully processed. Proper submission instructions are included on the form.

ONLINE WELL-BEING ASSESSMENT

Q: What is the online well-being assessment?

A: The online well-being assessment is a 10-minute online questionnaire that is designed to help you discover how your everyday habits affect your health. The results and recommendations will identify your risk areas and the habits you can adjust to feel your best.

Q: When do I need to complete the online well-being assessment?

A: Employees need to complete the online well-being assessment by Dec. 31, 2026 to receive the payroll stipend.

Q: How do I complete an online well-being assessment?

A: The online well-being assessment must be completed at www.mympcwellallways.com. Complete the well-being assessment right from the portal dashboard or from the hamburger icon in the upper right corner.

QUARTERLY DRAWINGS & ACTIVITY TRACKING

Q: Where do I view and track activities to earn drawing entries?

A: Start by logging in to the portal from www.mympcwellallways.com and scroll down to the Well ALL Ways Rewards Program section and click 'continue' under 'Quarterly Drawings' to view all the eligible activities. Click on an activity for more details. Some activities will reward entries automatically (e.g., health coaching), whereas others are self-reported (e.g., tobacco status, preventive screenings). You can check this section to track your progress toward drawing entries.

Q: Can I earn points for activities I completed prior to 2026?

A: No. All activities, including preventive screenings, must be completed in 2026.

Q: If I have physical disabilities, will I still be able to earn rewards?

A: Yes. The Well ALL Ways Rewards Program focuses on self-awareness and preventive care and has been developed to accommodate all levels of fitness and abilities.

Q: Can I participate in this program via my smartphone?

A: Yes. You can visit the wellness portal using a Web browser on your smartphone. Or use the *Wellness At Your Side* app to register, take your well-being assessment, complete activities, and track your Heathy Activity Points on the go. The app is available on Google Play or the App Store.

Q: How do I sync my device tracker to the program?

A: To sync a device from your desktop computer, simply click the hamburger icon in the top right corner select 'Sync Devices & Apps'. Select the device source you'd like to connect. Then select 'Connect Account'. You will be prompted to enter the login credentials for your selected device/app. In the *Wellness At Your Side* app, click the hamburger in the upper right corner, select 'Sync Devices & Apps'. Select the device source you'd like to connect. Then select 'Connect Account'.

Q: Which device trackers work with the program?

A: Most major device trackers are compatible with the platform. These include Nokia (Withings), iHealth, Fitbit, MapMyFitness, Runkeeper, Strava, Movable, Misfit, Garmin, Fatsecret, Polar, MyFitnessPal, Vitadock.

NOTE: You must use the *Wellness At Your Side* app to sync to an Apple or Google device. Upon logging in to the app for the first time, click 'ok' to share data, then select the data you would like to share.

Q: Can I connect multiple trackers?

A: Yes, but the platform may combine your tracker totals resulting in totals that are higher than the actual. If your totals are off, you can manually adjust them if necessary.

ADDITIONAL INFORMATION AND RESOURCES

Q: Who is WebMD?

A: WebMD Health Services is part of the WebMD family and has been designing well-being programs for employers and health plans for over 20 years. WebMD's mission is to enable people to live better lives by empowering decisions and actions that improve well-being and health outcomes. WebMD is MPC's partner in administering the Well ALL Ways Rewards Program, managing the wellness platform, and bringing you exciting new ways to earn rewards.

Q: What is WebMD ONE?

A: WebMD ONE is an online platform that takes a thoughtful and personal approach to connecting individuals with the best solutions for their well-being needs. WebMD ONE offers personalized recommendations that help each individual set goals.

Q: How will WebMD manage my privacy?

A: As a business associate of Marathon, WebMD is under contractual obligation to protect the information they maintain and adhere to HIPAA privacy and security regulations.

Q: Who will see my personal health information?

A: The self-reporting tracker tools will not ask for personal health information or test results. The online well-being assessment will collect results and those will be tabulated. WebMD will provide Marathon with combined group data only and no personal individual data will be shared with Marathon.

CONTACT INFORMATION

Q: Who do I contact if I have a question about the Well ALL Ways Rewards Program?

A:

- A Well ALL Ways Champion can provide assistance if your site or organization has one.
- For questions regarding the portal registration/login or rewards status, contact WebMD Customer Service by calling 877-711-9311.
 - WebMD Customer Service hours are M-F, 8:30 am to 8 pm ET.
- [Create a case](#) in Workday and a Well ALL Ways team member will assist you.
- Contact Well ALL Ways at WellALLWays@MarathonPetroleum.com or 866-808-5706.