

## **Manage Your Healthcare With the MyHDP Website Portal From Health Design Plus!**

Forgot the amount of your office copay? Need to find a new doctor? With MyHDP, you can take advantage of free, secure online resources, programs, and tools to better manage your health. And with 24/7 access, you can view and learn information when it's convenient for you. No lines to wait in, no on-hold messages – just fast, simple information that allows you to be in the driver's seat to better manage your overall healthcare, including your benefits and claims. Just look at some of the key features you can take advantage of as a MyHDP Member:

- View general information about your group specific medical plan (including plan deductibles, coinsurance, copays, plan maximums, etc.)
- Access your specific prescription drug benefits through various links
- Request an ID card
- Locate a doctor, hospital, or healthcare facility that participates in your preferred provider network
- Access *SmartChoice*™ by *HealthGrades* to view qualification, ratings, and advisory services about a doctor, hospital, nursing home, or home health care agency
- Check claim status for yourself and your covered dependents under age 18
- View and print your Explanation of Benefits (EOBs) for paid claims
- Communicate directly with a Customer Service Representative using secure messaging functionality
- Access our Frequently Asked Questions (FAQs)
- Download the most frequently used health insurance forms
- Access information on the suite of Good Health by Design programs for which your group is eligible
- Access a selection of recognized medical resources by clicking on quick links through Medline Plus, or take a confidential health risk assessment through My Personal health Suite (if applicable)

### **Accessing the MyHDP Portal**

- It's simple! From your internet browser, go to <http://www.hdplus.com> (you may want to add this to your 'favorites').
- Click on 'Members' or 'MyHDP login'
- If you are a new user, follow the simple instructions for registering on the account. Otherwise, login as a continued user.

### **Want To Learn More?**

If you have additional questions, call us! We're here to help!

Health Design Plus Customer Service  
Toll-free: 1-800-549-9114  
Monday thru Friday, 8:30 am to 5:00 pm, EST